

## **Handout – Itinerary for Meeting:**

Dear Prospective Freshmen Parents,

The purpose of this letter is to outline what needs to be done prior to tryouts, what players can expect at tryouts, tryout schedule, selection procedures, and what to expect after you son makes the team.

### **Prior to Tryouts**

A current physical form needs to be turned in to the office.

The activity fee of \$65 needs to be paid to the office.

If players played a fall sport this is done.

Many people pay for the activity fee during registration.

- Check the list to make sure your son has completed both physical and fee.

Players should be in shape and ready for practice.

White T-shirt with Name on the back.

Basketball shoes are HIGHLY recommended for tryouts.

### **What to Expect**

Players will go through a series of fundamental drills to demonstrate basic skills.

New drills will be implemented to see how players adapt.

Defensive shell drills will check for team defense understanding.

Small-sided games and full-court games will be played to demonstrate in-game skills.

Some conditioning/fitness tests will be used to check athleticism.

### **Tryout Schedule**

Monday, November 13 <sup>th</sup>		Meeting at 5:15, Practice from 5:40 – 7:40	
Tuesday, November 14 <sup>th</sup>		Practice from 5:40 – 7:40	
Wednesday, November 15 <sup>th</sup>		Practice from 3:30 – 5:00	
Thursday, November 16 <sup>th</sup>	First Cut	Practice from 5:40 – 7:10	
Friday, November 17 <sup>th</sup>		Practice from 5:30 – 7:00	2 <sup>nd</sup> Cut
Saturday, November 18 <sup>th</sup>		Scrimmage from 8:00 – 10:00	

### **Selection Procedure**

All players will get 3 tryouts.

An unexcused absence counts as 1 tryout.

After 3 practices, a list will be put up on the locker room window (Thursday after school.)

After 4/5 practices, coaches will talk to players who do not make the team.

*Players* may request a meeting to talk to coaches about why they did not make the team.

This is not an exact sizing and very subjective.

We are expecting 40-45 players to try out.

We will have 18-20 players on two freshman teams.

### **What to Expect During the Season**

There is a *Basketball* fee of \$65 that pays for Shooting shirt, food, any costs during season.

Travel gear purchase will be an option.

Fan gear will be an option.

Practice/Play 6 days a week.

We practice over Thanksgiving Break, Black Friday, Christmas Break, Hanukkah, New Year's Eve, Presidents Day, MLK Day, Valentine's Day, and Groundhog's Day. Days in which we do not have school and even if Nebraska has a football game! Grandpa's 82<sup>nd</sup> birthday and if Taylor Swift has a concert in town!

We will not practice during the state mandated Moratorium: December 23<sup>rd</sup> – 27<sup>th</sup>

Plan to host Thanksgiving and Christmas the next 4 years!

Must communicate prior to missing practices. Missing practice = missing game time.\*\*

We schedule by the month and try to give plenty of advance notice.\*\*

About 18 games + the Creighton Prep Tourney at the end of the tournament.

All players play in all games, but it is no longer equal playing time.

Link to schedules: [Millard West Athletics](#) Click on Winter, then pick your team.

### **McKayla Laborde**

Booster Club:

- Cat Cash: 70% goes to Boys Basketball!
- Grandparents pass from Millard Foundation: In person at Millard Foundation on Tue/Thur between 9:00-12:00
- Consider membership to general Booster Club
- TAGG and other donations

Program Ads:

- Primary fundraiser for our basketball program
- Do you, a family member, neighbor, or friend own a business? Advertising is easy!

Basketball Boosters:

- Team meals
- Team/parent spirit
- Charity work

### **The Next Four Years**

This group is deeper than any I have had in 15 years at MW.

There is a lot of ***potential*** with this group.

Good MBA teams usually project 4 years later.

MBA teams were pretty competitive and have guys that did not play with us that are now with us.

Russell got 2<sup>nd</sup> in their league and Beadle was 1<sup>st</sup> in their league in middle school.

Multi-sport athlete discussion

I love multi-sport athletes.

They must also commit to basketball

Summer is the hardest time to make that commitment.

### **Announcement for MW Announcements:**

We are going to have a meeting for parents of Freshmen Boys who are planning on trying out for basketball this year.

The meeting will be held on Thursday, October 26<sup>th</sup>, at 7:00 p.m., in the library at Millard West High School.

We will discuss what needs to be done prior to tryouts, what players can expect at tryouts, tryout schedule, selection procedures, and what to expect after you son makes the team.

Please plan for at least one parent to attend. If you can not attend, have your son see me in Room 204 before school or Room 206 after lunch.