

Millard West Boys Basketball Wildcat Report

December 2, 2019, Vol. 11 No. 1

Wildcats Set to Start Season

With multiple key parts of last year's 10-12 Varsity team returning, the Wildcats are set to start the new season.

Millard West has four returning starters to anchor their team. Dom Humm, Zach Olson, Dalys Beanum, and Evan Meyersick combined for 31.4 points, 15.2 rebounds, 3.4 steals, and 7.1 assists per game.

Kaedyn Odermann and Max Anderson also played key parts in the Wildcats' 2018-19 season.

Head Coach Bill Morrison is in his 11th year as head coach at Millard West. He is excited about the potential of this year's team.

"Any time you have players with varsity experience, it makes preparation for the first game easier," Morrison said. "We have had a good first two weeks of practice and a great scrimmage."

The first week of practice was a little sparse as 13 of the Wildcats were on the football team that played in the state semifinals three days before the first day of practice.

"I really like having multi-sport athletes. I think high school athletes should play on as many different teams as they can while still in high school," Morrison said. "It does create a few obstacles for us at times, but I think that we benefit from having multi-sport athletes."

"We have a good mix of basketball first guys and multi-sport guys this year," Morrison continued. "We are definitely ahead of where we were a year ago when we had very little returning experience."

The Wildcats will have good team depth this year. Josh Wickstrom, James Conway, Ryan Larsen, Dustin Hatch, Jacob Jones, Chase Hultman. Skyler Gessert, and Henry Polsley. will add to the Wildcat's six returning players

"Our practices are pretty competitive. There are a lot of players fighting for playing time," Coach Morrison said. "But, they are also a very tight group of friends. And that may be more beneficial than their skill level."

Millard West will start the season this week with a game at Lincoln Southwest on Thursday. They will then play either Lincoln Pius or Creighton Prep on Saturday.

The Wildcats only have two home games in December. They will play Norfolk December 14th, and Gretna on the 21st.



Wildcats Perform Well in Pre-Season Scrimmage

Millard West played in a pre-season scrimmage last Saturday at Lincoln High. The Wildcats played against both Lincoln High and Lincoln East.

The scrimmage was set up for West and Omaha North to play two quarters against each of the two Lincoln schools.

In the first half against Lincoln High, the Wildcats used a high-powered offensive attack to control the game. West won the first quarter 23 to 13. The Wildcats went on to score 31 points in the 2nd quarter and defeat Lincoln High 54-24.

"I really liked the pace we played at on offense," Coach Bill Morrison said. "We have been working at pushing the ball up the court quicker and immediately starting our offense. It created some problems for the defense today."

West continued to play well offensively in the 2nd half of the day against Lincoln East. The Wildcats outscored the Spartans 38 to 26.

"We told the players to be encouraged by the way we played, but to also recognize we have a lot of work to do," Morrison said. "This is really just a glorified practice and all of the teams played more players than they will in the season."

Morrison was encouraged with his team's effort. "I think the scrimmage shows that our depth will definitely be an asset, Our defense was pretty good, our energy was great. And, if we shoot the ball like that, we will be able to beat a lot of teams."









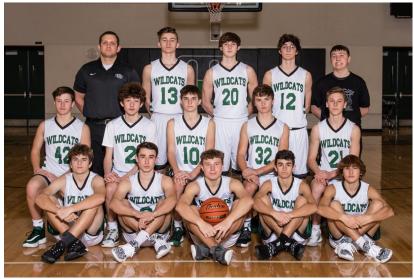


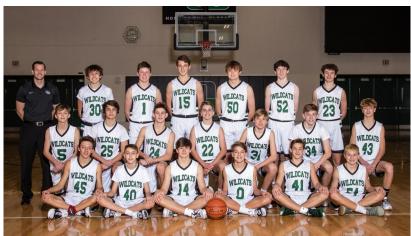












Weekly Practice / Game Schedule

Monday, Dec 2

Practice

VJV 3:40-5:40

9R 5:40-7:10

Tuesday, Dec 3

Practice

VJV 3:40-5:40

9R 5:40-7:10

Wednesday, Dec 4

Practice

Res 6 am

VJV 3:40-5:10

9th 5:10-6:30

Thursday, Dec 5

Practice

Res 3:40-5:00

9th 5:00-6:30

Games

JV at LSW 5:45

Bus 3:35

V at LSW 7:30

Bus 4:30

Friday, Dec 6

Practice

Res 6 am

VJV

9th 5:40-7:00

3:40-5:40

Saturday, Dec 7

Practice

VJV 8:30-9:30

9R No Practice

Games

JV and Varsity at Prep.

Games at 5:00 and 6:45

Bus 3:15



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HARD WORK * INTEGRITY * TEAMWORK FUNDAMENTALS * SPORTSMANSHIP



<u>Left</u>: 8th Grade Black wins Turkey Trot Tournament.

Bottom Left: MBA Recognition Night will be on December 14th. MBA players will have a tunnel walk for the players before the game, be recognized at halftime, and be able to meet the players after the game.

Bottom Right: Coach Preuss' 3rd grade team is awaiting their chance to play.

MBA Recognition Night

Saturday, December 14

Millard West

vs.

Norfolk

Family Social 4:30—5:30 Tunnel Walk 5:30 Varsity Game 5:45 Open Gym After Game



Players Get In Free

Autographs

Tunnel Walk

Meet the Players

Tattoos

Halftime Recognition

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