

2020-2021

Wildcat Basketball

Elevate Our Culture

Athletic Director

- **Lance Smith**

Trainers

- **Jacqlyn Brazda**
- **Katie McCormick**

Welcome

- Congratulations on your son making the team.
- Now the hard part.....
- Purpose of the meeting
 - Pass along information
 - Collect information
 - Set Expectations
 - Answer Questions

Coaches

- | | |
|-----------------|-------------------|
| • Bill Morrison | Varsity |
| • Dan Hall | Assistant Varsity |
| • Dale Gall | Junior Varsity |
| • Bret Siepker | Reserves |
| • Pat Freeman | Freshmen A |
| • Chris Tauber | Freshmen B |

Raise the Culture?

- We are looking to make the “basketball experience” better.
 - We need to improve on a few things and we need to fix a few things.
 - Communication
 - College Visits
 - Officiating / Body Language
 - Off Season Attendance

Multi sport means part of the summer has to be basketball

- With that being said.....
 - This year has been the best first week of practice for quite a while.
 - We have a lot back on Varsity.
 - Players were still able to get better even with the quarantine.

Philosophy Statement

- Everyone who plays for Millard West will play with GUTS. Players will Give 100%. Understand their role, Trust in their abilities, and Support their Teammates. In order to coach to this philosophy, my assistant coaches and I will first, and foremost, be teachers. We will teach the value of hard work, commitment, and dedication. We will teach the strategies that will enable our Teams to have a chance to win each game. We will teach the fundamentals needed in order to compete on a championship level. We will teach the importance of Teamwork.

Expectations – 4 Roles

- **Player**
 - Not a coach and not an official.
- **Coach**
 - Not an official!!!!
 - Can't play anymore!!!
- **Parent**
 - Not a coach and not an official.
 - Not a player either.
- **Official**

Playing Time

- **Varsity**

- We play the players who play the best together.
- Plan is to play a lot of guys this year.
- If not playing enough minutes and an underclassman, they will play JV.

- **Lower Levels**

- Try to play everyone.
 - But not a guarantee. We are going to play the guys that help make the program better. They have 4 or 5 days a week to earn playing time.
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- Freshmen/Sophomore -- Everyone plays.
 - Not equal time, but close to it.

Why doesn't my son play?

- Ask him first.
 - If he doesn't know, that is probably why he isn't playing.
- We Don't play favorites.
 - We see them play 5 times more than you do.
 - We are coaches, we want to win!
- If need to contact me.
 - Email is best way to reach me.
 - "Don't tell him that I talked to you."

24 Hour Rule

- For Coaches and Players

Training Rules

- Players who are caught using drugs and/or alcohol during the season will be disciplined according to district policy. After the suspension is completed, players will have to compete in a minimum of five practices before they are *eligible* to participate in games. There is no guarantee that the player will compete in a game after the suspension is completed.
- Vaping
- See player handbook for more

Clinics / Contests / Other Teams

- **Players can not go to a camp during the season.**
- **They can not win a half-time contest using basketball skill.**
- **They can have individual trainers (but why), but not during practice.**
 - **Over-training is a real thing.**
- **They can not play in any church or other leagues during the season.**
 - **No scoreboards.**

Uniforms

- All teams have white home uniforms and black away uniforms.
- Compression shorts, shirts, headbands need to be same color.
- Headbands need to be color of uniform.

Hair

- I have a box full of Sport Clips coupons if your son needs them!

Practice Times

- **Varsity / JV**
 - Always after school
 - Lifting / Film / Classroom after practice
- **Reserves**
 - Time moves.
 - Wednesday and Friday Mornings
- **Freshmen**
 - Late b/c Coach Freeman teaches at an elementary at OPS.

Athletic Trainers

- We have two new trainers. They are very good.
- Talk to trainers before doctors.
- They can get sons into doctors to get x-rays.
- Players need to listen and get treatments done before practice.

Holidays

- We practice during Thanksgiving and Winter Break.
- All teams play in a tournament during Winter Break.
- Please try to make sure players are at practices.
- Communication if not.
 - If they miss practices, there will be a reduction in playing time.

Pictures

- **Sunday, November 29.**
- **2:00**
 - **Players should be here by 1:45**
 - **On line forms will be sent to you.**
 - **Checks made out directly to Deyo's or credit card**
- **Varsity will have a "media day" after pictures.**

Moratorium

- **Dates**
 - December 23 – December 27
 - Please try to plan travel during this time.
- **Rules**
 - Can not be in a MPS building to play basketball.
 - Can go to Lifetime, YMCA, etc.
 - Can not play in a Y-League, Church League, etc.

Communication

- Newsletter
- MillardWestHoops.com
- Remind App (links on web page) on Parent Meeting page
- VNN
- eMail
- Twitter @MillardWestHoops

Google Form

- If you did not get it, I need to get your contact information.

Website

- MillardWestHoops.com

VNN

- See Handout / Parent Letter

Remind App.

- Instructions on website.
- Players need to be on it.
 - Parents can be.

All Things Covid

- Masks
- Meals
- Busses
- Home / Travel
- Quarentine
- Etc

MBA Scholarship

- The MBA started a scholarship for Seniors who played in the MBA program. I will get information to the Seniors. We changed how we fund this, so there will not be a fund-raiser this year.

Fund Raiser next week Tuesday

- Wendy will talk about this later.

Deremer Sportswear

- Order on line.
- Link will be on website. Millardwesthoops.com
- T's, hoodies, polos, jackets, etc.
 - Compression must be same color as uniform.
 - All teams have black and white uniforms now.

Basketball Participation Fee

- **\$50 payable to Millard West High School**
 - Shooting Shirt
- **Various Expenses**
 - Hudl Assist
 - Support Staff
 - Video
 - Banquet

Booster Club

- **Wendy and Mark Hultman**

Questions?